

Spotlight your strength.



jazzercise
jazzercise.com
(800) FIT-IS-IT

jazzercise®

1 hour each day– Just for YOU!

| | | | | |
|--------|--------|--------|--------|--------|
| Mon | Tues | Wed | Thurs | Fri |
| 9:35am | 9:35am | 9:35am | 9:35am | 9:35am |

12605 Race Track Rd.

(Located inside Kid Scope, right next door to Snap Fitness)

Jazzercise offers a fusion of jazz dance, resistance training, Pilates, yoga and kickboxing movements.

You will increase cardiovascular endurance, strength, and flexibility, as well as create a sense of total well-being.

Just \$32 per month

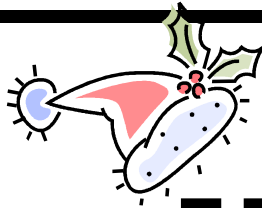
Unlimited classes. No contracts.

Call (813)748-3704

for more information or email us at
westampajazz@aol.com

junior
jazzercise®

Presents:



Holiday

Mini Camp Dates:

Friday, Nov. 30th
Friday, Dec. 7th
Friday Dec. 14th

7:00pm- 9:00pm

Location:

Carrollwood Jazzercise
4125 Gunn Highway

Fitness fun for kids!

2-hour mini-camps will include: cool music, dancing, fitness games, relay races, fitness & nutrition lessons and much, much more.

Ages 5-11 WELCOME!

Only

\$60

3 mini-camps

For more information or to pre-register call

Lori at 813-748-3704